

# Summer Solstice



## Midsummer Incense #1

Recipe by Scott Cunningham

2 parts Sandalwood  
1 part Mugwort  
1 part Chamomile  
1 part Gardenia Petals  
a few drops Rose Oil  
a few drops Lavender Oil  
a few drops Yarrow Oil

Burn at Wiccan rituals at the Summer Solstice (circa June 21st) or at that time to attune with the seasons and the Sun.

## Midsummer Incense #2

Recipe by Scott Cunningham



3 parts Frankincense  
2 parts Benzoin  
1 part Dragon's Blood  
1 part Thyme  
1 part Rosemary  
1 pinch Vervain  
a few drops Red Wine

(Both of the above recipes for "Midsummer Incense #1 and #2" are quoted directly from Scott Cunningham's book "The Complete Book of Incenses, Oils & Brews", page 80, Llewellyn Publications, 1989/1992.)

## Litha Incense

4 parts myrrh  
3 parts frankincense  
3 parts oak bark  
2 parts witch hazel  
Litha Incense  
1/2 part mugwort  
1/2 part vervain  
1 part St. Johnswort  
1/2 part frankincense  
1/4 part mistletoe  
1/4 part bay



This incense is at its strongest when used for Midsummers spell work and rituals. With your Mortar and Pestle grind these dried herbs together: wormwood, mugwort, St. Johns wort, yarrow until all are of a powdered consistency then add to charcoal disk for burning when ready to use.